



## LeGGo II

ADRA Nepal is implementing the Leadership and Good Governance Project (LeGGo II), replicating the best practices of the previous LeGGO I project, to a wider geographic area and more diverse group of stakeholders. The project is funded by ADRA Australia and implemented in partnership with the Resource Identification and Management Society-Nepal (RIMS), based in the district of Dhading. The overall goal of this project is to strengthen local governance & ownership of community development to strengthen leadership and good governance of DDC and VDC representatives in Dhading and follow up coaching of groups in Kavre district. The project aims to improve the management and leadership capacities of 40 district government officials and 1,050 community representatives, thereby ensuring they can more efficiently develop and implement their own projects in various areas including education, health, youth employment, economic development, agriculture,

infrastructure development, irrigation, and natural resource management. 300 people from the previous LeGGO I project in the district of Kavre will be supported and coached. 750 are representatives of women's cooperatives, community forest user's groups, school teachers, youth groups and health post management aged between 16-49 years of age at the VDC level in the district of Dhading. The remaining 40 target beneficiaries are made up of government officials from various department offices. Secondary beneficiaries comprise of the population of 25 VDCs in Dhading who will benefit from successful challenge projects. The number of secondary beneficiaries is expected to be approximately 5,450. However, it is estimated at least 54,500 people will be indirectly impacted by the 235 challenge projects.



*Meeting with donor representative*



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## From the CD

This quarter has seen many new projects begin at ADRA Nepal. We have our Leadership and Good Governance project (ADRA Australia) expanding, Reproductive Health camps being held in many districts of the Mid and Far Western Regions of Nepal and a new Economic Development Project (ADRA NZ) beginning in April.

I have heard life being described as a 'series of conversations' and I would like to acknowledge the positive impact our outgoing staff Mohan Nepal and Beryl Hartmann have had in their time here at ADRA Nepal. I wish them all the best as they move to 'other conversations'.

## ADRA Board

ADRA Nepal held its first board meeting for 2011 on the 3rd of February. We welcomed Pr. Charles Jenson to the board in his capacity as the new Director of the SDA church Nepal Field.



## Reproductive Health (RH) Camps

ADRA Nepal has started a new project entitled "Emergency Reproductive Health Services to Conflict Affected and Marginalized Population in Darchula and Baitadi districts of Nepal" from the 1st of the December for a one year period. The main objective of the project is to increase utilization of reproductive health and basic public health services by conflict affected and disadvantaged populations through mobile RH camps and other support services such as advocacy activities and capacity building for skill enhancement, and to increase access to RH services including counselling to communities most affected by conflict and other disadvantaged groups.

The overall goal of this project is to provide services to improve reproductive health, general public health, and protection status for vulnerable, neglected populations in districts affected by conflict and remoteness.

This project is being funded by ECHO through UNFPA Nepal.



*Waiting for RH service at Camp*

## What is ADRA ?

The Adventist Development and Relief Agency (ADRA) is an independent humanitarian agency established by the Seventh Day Adventist Church for the purpose of providing individual and community development and disaster relief. Locally registered with the Social Welfare Council (SWC), ADRA serves people without regard to their religious association. It simply helps people in need, especially those most vulnerable such as women, children and the elderly. Currently, ADRA Nepal works in 28 districts mainly focused in the mid and far western regions of Nepal.



## Sustainable Women's Economic Development (SWED)- Impact Study

Nirmala Humagain, from Kusadevi VDC in the district of Kavre, participated in the women health literacy program under the SWED Program conducted by ADRA Nepal. "During the literacy program we learned about savings and credit activities," she said. "After that, women in our literacy group started pooling a small amount of savings every month. In this way we formed a savings and credit group." ADRA Nepal provided a three-day training on vegetable farming. "I learned about farming techniques and also received free vegetable seeds from ADRA," says Nirmala "I planted the seeds in my kitchen garden. After a few months I was able to sell the vegetables in the market". ADRA Nepal merged the savings and credit groups in her village into a single cooperative and registered with the Division Cooperative Office. As the shareholder of this new cooperative, Nirmala was eligible to apply for loans from the cooperative for income generation activities. After consulting her family members, she borrowed Rs. 4,500 to purchase vegetable seeds and started a small vegetable farm enterprise. Thanks to favorable weather, her yield was good and she sold potatoes worth Rs 16,000. This was a significant amount for her life which helped her to support her family "I feel I have become a capable woman," she says. "I thank my cooperative and ADRA for their training and support.



*Nirmala in her kitchen garden*

### "I used to forget the things"

Udaya Oli, a 16 year old male resides in the Kupindedaha VDC in the district of Salyan. His father was killed when he was 10 years old, and he saw his father's corpse, traumatizing Udaya and causing him to stop attending school for three months. When he finally attended, he did so with psychological and behavioral problems, which increased when he went to study at a secondary school in the neighbouring Sejawatar VDC, which was four hours away. His social life was severely affected by this distance as the majority of his friends lived near school. He had to go home as soon as classes ended and work alongside his mother to provide for the family. His behaviour changed for the worst: He stopped studying, interacting with people, refused to leave the house, felt insecure, became an insomniac, lost his appetite, and became convinced that like his father, he too would be killed. He became very absent-minded and would do things like forget his water jug at the local tap when fetching water for the household. He came in contact with the District Counsellor (DC) of ASIC project through Community Psychosocial Workers (CPSWs). The DC provided him with emotional support, helped him analyse his problems, develop coping mechanisms, and realise his strengths. Udhaya established goals for his success and created a long-term plan of action. He maintains a diary of his plans and daily accomplishments. He has changed his behaviour towards others, is less absent-minded, and actively takes part in community activities in addition to attending classes. He extends his thanks to DC, ADRA Nepal and the ASIC programme.



*Literacy class inauguration*





### Interim Finance Director

ADRA Nepal is pleased to welcome our interim Finance Director, Mr. Kileshwor Malla who has joined the ADRA team from the 15th of February, 2011. Mr. Malla holds a Master Degree in Business Administration and has had over 17 years of work experience in the Finance and Administration sector.



### International Visits

Mr. Howa Avan-Nomaya, Program Team Leader from ADRA UK conducted a monitoring visit on 16-25 January 2011 at Salyan district to review the ASIC program. This project is funded by EC through ADRA UK.

### Good bye Mohan !

Our former Finance and Administration Director, Mr. Mohan Nepal left ADRA Nepal on 8th of January after serving for two and half years. We would like to acknowledge his contributions to ADRA Nepal during his tenure and thank him for his commitment and hard work.



Mr. Bert Smit, Country Director and Mr. Frank Spangler, Photographer from ADRA UK visited the Rolpa district from 21st February to 1st March 2011. During their visit they were engaged in shooting video and interacting with beneficiaries of ASIC program .



Thanks Bert and Frank for capturing messages from the people of Rolpa.

### Good bye Beryl !

Ms. Beryl Hartmann joined ADRA Nepal as an Intern from ADRA Australia in January of 2009 and returned to Australia in January. Ms. Beryl supported ADRA Nepal in editing project reports and proposal writing. She was actively involved in organizing the "Move Mountains" fundraising event for ADRA Nepal.

We wish her all the best for her future endeavors.



During February we welcomed Mr. Josh Zyderved (student at Avondale College, Australia) who experienced a little bit of what working at an ADRA office was like. He visited Salyan District as well as assisting with some formatting of various publications.



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