

**District coverage:**

Rukum, Jajarkot, and
Dailekh, Mid Western
Development Region of
Nepal

Sector:

Reproductive Health

Beneficiaries:

26,565 women of
reproductive age, men, and
adolescents

Implementing Partner:

Nepalgunj Medical College
Teaching Hospital
District Public Health
Offices
District Women's
Development Offices.
Samjhauta Nepal

Donor:

ECHO through UNFPA

Project period:

November 2008 – October
2009

Budget:

US\$ 318,205

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Providing Emergency Reproductive Health Services to Conflict Affected and Vulnerable Populations in Mid Western Nepal

Project Description

One in every 10 Nepalese women of reproductive age suffers from uterine prolapse, a condition in which a woman's uterus (womb) sags or slips out of its normal position in the pelvis, further down into, or even out of, the vagina. This condition, most commonly caused by pregnancy, labour and childbirth, is exacerbated by economic and social circumstances that force women in rural parts of Nepal to resume heavy workloads soon after delivery, without rest or pelvic floor exercises. December 2005 findings from an ADRA/UNFPA project in four districts in the western regions of Nepal showed that more than 17% of all women attending their mobile clinics were affected with uterine prolapse. This highlights that uterine prolapse is not only one of the most urgent health priorities among women in

With the end of Nepal's 10-year conflict, as well as an interim government developing a new constitution and the abdication of the 240 year old monarchy, the current governmental situation remains uncertain. In this post-conflict period of transition, the Government of Nepal (GoN) and other stakeholders lack the means to effectively address the needs of vulnerable communities, particularly women and adolescent girls suffering from reproductive health problems, gender based violence, and limited access to health facilities.

The emergency RH camps, prevention and awareness activities to encourage positive behavioral change, and capacity building of local healthcare providers are vital to improving RH and morbidity and mortality levels and improving the quality of life for women and girls in Nepal.

ADRA believes that helping this vulnerable population remains an urgent moral imperative, that there are insufficient means in Nepal to achieve this objective effectively and quickly, and that the vital needs of these people must still be met through humanitarian assistance.

Project Goal

To improve the access to and delivery of reproductive health services, protection, and self-sufficiency status of the most vulnerable population of the mid-western districts of Nepal through increased utilisation of emergency reproductive health, protection and general health services.

Project Objectives

1. Increased availability/access to Emergency Reproductive Health services by the conflict affected and vulnerable population
2. Increased availability of skilled personnel to provide Reproductive Health services including GBV counselling to vulnerable population
3. Improved social protection knowledge and skills of health care providers and vulnerable adolescents and women affected by conflict.
4. Increased availability of information on Reproductive and general health.



Sector of Interventions

1) Service Delivery (Health Sector):

Mobile RH camps will reach approximately 4,200 beneficiaries per district, totalling 12,600 persons in three districts. There will be two phases of camps in each selected sites. By the end of the project, there will be a total of 84 days (48 + 36) of mobile RH camps conducted within the project period including uterine prolapse surgery for 180 women.

2. Skills Development (Health and Protection Sector):

55 health care providers per district (total of 165 in three districts) will benefit from the training/orientation on Reproductive Health in Emergency Settings, Uterus Prolapse and GBV. About 60 adolescents per district will be trained on Life Skills Educations, for a total of 180 in three districts.

3. Information, Education and Communication (Cross Cutting: Health and Protection Sector):

Through the distribution of IEC/BCC materials and special event celebration days, 4,540 individuals per district (total of 13,620 persons) will enhance their understanding of major health issues, develop responsible health practices, and seek improved, quality health care services. These activities include posters, pictorials, pamphlets, interaction and targeted media campaigns, street drama, awareness/advocacy workshops, school competitions, and school education sessions on gender/GBV and uterus prolapse. Participants will include community and religious leaders and students in secondary and higher secondary schools.

Activities

- a. Mobile RH Outreach Services: ADRA project staff will provide the following specific services during the 24 mobile RH outreach camps.
- b. Surgical Corrective Intervention for Uterine Prolapse
- c. Training/Onsite Coaching to Service Providers
- d. Increased Awareness of Clients/Patients on RH Issues



This project is funded by ECHO through UNFPA and implementing by ADRA Nepal.

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